
Chesson Family Newsletter

Quarterly

December 2009

Volume 1, Issue 2

Special points of interest:

Family Contact Information

Family Reunion

Easy Recipes by Keisha Moore

Chicken and Sausage Gumbo (4-6 servings)

The following is a tomato-based adaptation of a roux-based recipe created by Jimmy Bannos, the chef of the original Heaven on Seven restaurant. **Do not use spicy sausage, jalapeno and extra cayenne pepper if you prefer a mild gumbo. * Use measuring spoons for accuracy.*



Ingredients:

- 2 tbsp extra virgin olive oil
- 5 cups chicken stock/broth (from the carton if concerned about chemicals)
- One 14oz can of crushed/diced tomatoes (from jar if concerned about chemicals)
- 1 tbsp roasted garlic pureed (can be found in your grocer's produce section)
- 1 lb andouille (or alternative sausage links) cut in half lengthwise and then in 1/4 inch slices ; *Aidells* is a good brand
- 1 lb boneless skinless chicken breast cut into 3/4 in. to 1 in. cubes (thinly sliced chicken breast cutlets are okay)
- 1 cup diced celery
- 1 1/2 cup diced green bell pepper
- 1 tbsp seeded and finely diced jalapeno pepper OR 1/4 tsp cayenne paper
- 1 cup diced yellow onion
- 1/2 cup diced red onion

Angel Dust Cajun Seasoning:

- 3 tbsp Hungarian paprika, 1
- 1/2 tsp Spanish paprika, 5
- tsp salt, 1 1/4 tsp dried
- thyme, 1 1/4 tsp dried
- oregano, 1 tsp ground white
- pepper, 1/2 tsp cayenne
- pepper, 1/4 tsp freshly ground

- 1 cup thinly sliced scallion (white and green parts)
- 3 1/2 tsp of Bannos' Angel Dust Seasoning (see below)
- 1/2 tsp dried basil

- 1/2 tsp dried oregano
- 1/4 tsp ground white pepper
- 1/4 ground black pepper
- 1/4 crushed red pepper flakes
- 1 small bay leaf
- Cooked Rice (white or brown)

Season the chicken with 3 tsp of the Angel Dust seasoning. Set aside and then add the olive oil

to a large heavy Dutch oven, pot or pan (~7 quarts). Heat on high. Add sausage in hot oil before smoking occurs. Brown for 5-7 minutes, stirring often. Add chicken and continue to stir and brown for 5 minutes. Add all onions and continue to cook and stir for 2-3 minutes. Add the pepper(s), celery and garlic puree. Sautee for 2-3 minutes. Add the remaining seasoning (remaining 1/2 tsp of Angel dust and other herbs, ground pepper, and bay leaf). Continue stirring for 2-3 minutes and then add the chicken stock/broth. Bring to a boil and then add the crushed/diced tomatoes. Stir occasionally over the next 5 minutes. Simmer for 45 minutes over low heat, while stirring occasionally. **Remove the bay leaf once done.** Spoon gumbo over rice.

black pepper, 1/8 tsp garlic powder, 1/8 tsp onion powder Mix thoroughly and store in small airtight container.**Can purchase from heavenonseven.com or may use store bought Cajun Seasoning that is paprika and

herb-based. This dish is also good with cornbread. (Jiffy brand better when 3/4 cup milk is used vs. 1/3 cup, addition of 2 tbsp melted margarine or spread in batter, Bake at 350 degrees for 25 min. or until done.

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Making Contact

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Note

I have contact information for all individuals listed in this directory. If information is unlisted, that is because I have not yet received word whether it is okay to share their information.

Discovery

Based upon comments you entered in your questionnaire, many of you have common interests and hobbies. Rather than tell you right away, I'd like to use this as an opportunity for an icebreaker during our reunion. If you take advantage of this directory and the online family tree, you can get a head start!

Chesson Family Directory

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Family Forum

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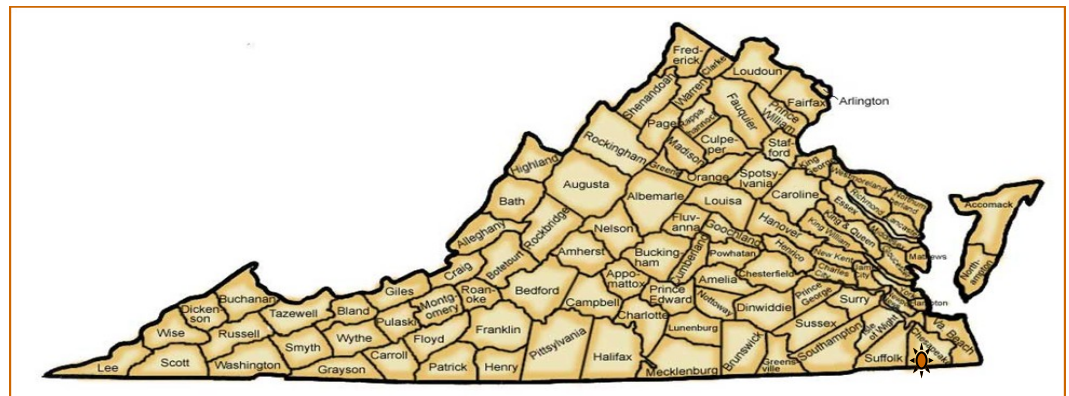
Random “Family-related” Trivia

1. “Family Reunion” was released by which group in 1975? (a. The Temptations, b. Sly and The Family Stone, c. The O’Jays, d. The Four Tops)
2. Which of the following was not performed by Sly and The Family Stone? (a. “Everyday People,” b. “Tomorrow Never Knows,” c. “Dance to the Music,” d. “Family Affair”)
3. The correct lyrics for “We Are Family” by Sister Sledge are: a. Everyone can see we’re together as we walk on by, b. Everyone let’s come together and just walk on by, c. Everyone it’s easy together as we walk on by. (Answers on page four).

Family Reunion Update

Our family reunion will be held in the Chesapeake/Greenbrier, Virginia area from August 6th-8th of 2010. A block of rooms has been held for us at Hyatt Place and Hilton Garden Inn in that area. We have use of the meeting room/banquet hall at Hyatt Place for the entire day on Saturday, August 7th. The festivities and banquet dinner will be held on this date. Expect to receive hotel and car rental reservation information, reminders, and a planner in the coming months. Those of you who have e-mail will receive a link to our

hotelplanner.com group page to make your arrangements.



Announcements

- Our family member, Susan Jordan, has quite the talent for creating beautiful and intricate doilies. Please visit her website to view her many patterns. Patterns and doilies are available for sale: www.susansdoilies.shutterfly.com
- Our family member, Tammy Chesson, works for Enterprise-Rent-a-Car and has extended the offer for use of her family discount to those of you who plan to utilize a rental car for the reunion.
- To view abridged family tree:

http://www.edwards-moore-family.net/testbrown/ft_project/chesson/index.htm

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Upcoming Events

Updates

1. Contributions—Those of you who have e-mail received invitations to view and contribute data, stories and pictures to our online family tree on ancestry.com. Thus far, approximately 1/3 of the invitations were accepted and two pictures were posted. Thank you for your contributions. However, our tree still needs a bit of work. Please contribute what you can. All scanned documents, pictures and stories will be made available for inclusion in a bound copy of our family tree through the ancestry.com website. Again, others of you can save your documents and photos for the actual reunion. There will be family on site to scan your documents and then return them to you. Please consider sharing a childhood story or story involving a loved one who has since passed on, so that we all still have the opportunity to know who they were in some way.

2. Newsletter Contributions—If anyone is interested in contributing announcements, stories, or family recipes for the next edition of our newsletter, please forward them to my return address.

Upcoming Events

1. Christmas and New Year's—If you have special/unique holiday season traditions or are trying something new this season, consider maybe sharing with family via e-mail of brief mailer/note.
2. February 1st - Contact form due
3. March—Receipt of invitation, order forms payment packet, and family reunion planner; Next family newsletter



Answers to Trivia: 1-c (*The O'Jays*), 2-b (*"Tomorrow Never Knows"*) was a Beatles' hit during the intro of psychedelic funk, 3-a (next lines are, "...and we fly just like birds of a feather. I won't tell no lie...")